GREAT FINBOROUGH NEWSLETTER





APRIL 2010 ISSUE 407

VILLAGE DIARY – APRIL 2010

1	7.00pm	Candlestick Club, Buxhall Village Hall
1	Before noon	Naturists' Club outing
5		Race of the Boggmen
5	tba	Stowmarket and District Camera Club
6	12.15pm	Ladies Lunch, Church Room, Onehouse
8	7.30pm	Garden Club, Pettiward Hall
12	tba	Stowmarket and District Camera Club
14	tba	Buxhall Women's Institute outing
15	6.30pm	Charity Bingo, Pettiward Hall
17	10am-	Onehouse Parish Council, Councillors Surgery,
	12.30pm	Church Room
19	7.30pm	Community Council Meeting, Pettiward Hall
21	7.00pm	Buxhall Women's Institute
22	4.30-6.00pm	Skylarks
24	7.30pm	Friends of Great Finborough Primary School
		80's disco night, Stowmarket Rugby Club
25	3.00pm	Onehouse Ramblers, Church Room Park
26	tba	Stowmarket and District Camera Club
27	12.00 noon	FHOBS lunch, Buxhall Village Hall
29	7.30pm	Annual Church Meeting, Primary School

ST JOHN'S TABLE TENNIS

Thursday Nights 7.30-9.30pm in the Church Room: 8, 22, 29 April 2010

Why not try a bit of gentle exercise with a game of Table Tennis? New players welcome. £1 per session. Give me a ring for further details. **Derek Ames (613328)**

The Newsletter is produced by Great Finborough Parish Council, printed by Gipping Press, and distributed to all households in the village free of charge

Editorial

As we all emerge from Winter we notice the changes in the village. The golf club has started the work to build a reservoir behind the church. The Gipping Homes development continues to expand. The primary school is ever more successful and ambitious in meeting local children's needs. Finborough School has plans of its own. And it looks likely the village will be graced with allotments in the foreseeable future. Meanwhile, I understand the farewell party for Trudy Gray and celebration of this contribution to village life will be on 10 April 2010 at the Church between 6 and 8pm.

If you know someone newly arrived and living in the village, or friends and neighbours who are moving on, please let me know. If you know someone who needs a copy of the Village Welcome Pack please contact me. 15 April 2010 is the next copy deadline for material. Please put 'newsletter' in the header if you are emailing. Norman and I welcome visitors so if you need to contact me 'phone, email or call in to Park Cottage any time. The kettle is always on. **Sally Gooch**

RACE OF THE BOGGMEN EASTER MONDAY ON THE GREEN

NO MATTER THAT THE CHESTNUT HORSE MAY STILL BE CLOSED! WE ARE GOING AHEAD. SEE THE SIGNS IN THE VILLAGE FOR DETAILS OR CONTACT DAVID COX ON 736323

News from the Parish Council *Power of Wellbeing*

The Parish Council decided to adopt the 'power of wellbeing' at its meeting on 1 March. As reported last month this gives the Parish Council a general power to spend money on any activity which adds to the wellbeing of its community - more freedom to operate for the benefit of the community outside previous legislative restraints. In the context of the above, to maintain its power of wellbeing a Parish Council must be elected, as opposed to there being insufficient valid nominations and the Council subsequently being populated by co-option, so that really reinforces the need for a contested election next year.

Have your say – get involved

The old adage is that you can't please all the people all of the time and for those that think they can do a better job than the Parish Council, now is the time to get involved. My philosophy is simple, it's no good sniping from the side lines – if things are happening that you don't like - get involved and do something about it.

Parish Council elections are due in about a year's time and ideally ours in Great Finborough will be contested. This means that there will be more candidates standing for election than the seven seats on the Parish Council and it is up to the electors of the Parish to choose who they want to represent them for the following four years. That is local democracy in action and it is healthy for there to be a choice of candidates – the wider the better.

If you have not previously considered standing for election, now is a good time to seriously think about it. There are only half a dozen or so Parish Council meetings between now and polling day. Attending the Parish Council, 'though by no means a pre-requisite, is a good way to find out what is going on and about the role of Councillor – which is voluntary. The next meeting is on Monday 10 May at 7.30pm in the Pettiward Hall. All are welcome.

Finborough School – Potential Sports Hall/Drama Space

There is a potentially important development in the village in that the private school has indicated a wish to build a new sports hall/drama

3

space in the grounds of Finborough Hall. This is not without difficulty given the Hall's Grade 1 listed status and on 2 March, Parish Council representatives attended a pre-application meeting with the School's Principal and architect, our District Councillor, the District Council Planning Lead and the Conservation Officer. The original plans, which had been worked up more than the District Council officers would probably have wished, are unlikely to go forward but a revised plan is likely. Public access for indoor sport and theatre productions are likely to feature in the application and prospectively be enshrined in a 106 Agreement that would accompany any subsequent planning approval.

This means that we need to take stock of what we want to do with the Pettiward Hall and to clarify what access might be available in the putative sports/drama space. In this connection, John Matthissen and I will be meeting the School's Principal, James Sinclair, to see how we might work together.

Allotments

A possible site for providing village allotments through long-term lease has been identified and an independent valuation of the rental value is being assessed.

Au Revoir, Trudy & Ian

Finally, I just want to take the opportunity to say thanks and au revoir on everyone's behalf to Trudy and Ian Gray who take their leave of us after 30+ years living amongst us. Trudy, with Ian's support, has actively contributed to our community in ways too numerous to mention, but including Parish Council Chair, Chair of School Governors and, of course, most latterly, amongst other things as Ordained Local Minister. I am sure I speak for the majority in wishing Trudy and Ian all the very best in their exciting move to the North East. **Richard Brice. Chair, Parish Council**

News from your District Councillor Trees

Now spring is in the air, do look out for any little seedling native trees growing in the wrong place in your garden, and save them for a local tree planting scheme. Best to dig them out, trim the tap root and either replant for a year in an odd corner, or pot up into a good size container. I can provide 6 inch pots, but your help, in if possible looking after them until next Winter, will be appreciated. Otherwise drop them off or let me know and I will try to collect.

Energy Monitors on Loan

From 4 February 2010, energy monitors will be available on loan for free from all Suffolk Libraries. Just visit your local library or mobile library with your library card and borrow one for a free trial or go to <u>https://sld.suffolkcc.gov.uk</u> and search for 'energy monitor' as a book title.

The scheme, paid for by the Creating the Greenest County delivery partnership, wants to help householders to reduce their electricity bills by identifying where their money is being wasted. The monitors show how much power an individual appliance uses and from that householders can work out how much electricity they are using and what it is costing them.

Stowmarket Plan

The new Submission Draft should be available for public comment from 12 April to 24 May, at <u>www.midsuffolk.gov.uk</u> in libraries and council offices, and copies are with parish clerks. Onehouse Parish Council has arranged a Councillors Surgery for 17 April in the Church Room (10am – 12.30pm; presentation by MSDC officers at 11.30am) to make the new material available in the village. Any comments made in response to previous drafts will alas have to be re-submitted.

Is your house properly insulated? Do you feel secure in your own home?

If you, your relatives, friends or neighbours live in Mid Suffolk, are private homeowners or private tenants and are over the age of 60 *or* on an income related benefit *or* are disabled, did you know you may qualify for free loft and cavity wall insulation and other energy efficiency measures? In addition, you may be entitled to grant assistance towards the cost of improving security in your home under Mid Suffolk District Council's *Safe & Secure Scheme*. Security measures can include upgrading main entrance door locks to 5-lever mortice locks, window locks to all accessible windows (not upvc), door chains and viewers (not

upvc), smoke detectors, a dusk 'til dawn security light at the main entrance and key safes where appropriate.

Even if you do not qualify for the above grant aid for energy efficiency or security measures, MSDC can advise you where you might be able to get loft and/or cavity wall insulation from as little as £149; a measure which could pay for itself in savings on your heating bills in less than two years. You will also be offered discount rates for security measures. If you would like further information, or to register for this scheme, please telephone Eileen Chandler on 01449 724716.

To get in touch with me see Who's Who.

John Matthissen

Sue Green

Community Council

The next meeting is at 7.30pm on 19 April in Pettiward Hall.

The Candlestick Club

Although the March winds hath blown, us over sixties will soon be out and about! Come and join us on 1 April at 7pm in Buxhall Village Hall. The opening meeting will be a social evening with the committee providing a few nibbles and an entertainer/singer will keep us amused for an hour or so. Janet, the Treasurer, will be collecting subscriptions: £6 per person for the year. Very good value. New members, and anyone needing a lift, should contact me. See Who's Who.

Details of the rest of the programme will be shared at the meeting. We are joining with our neighbours in Harleston, Shelland and Onehouse for some outings this year including a mystery tour on Wednesday 5 May. Please note change of day. The coach will leave the Old Chapel, Great Finborough, at 9.45am, Buxhall Village Hall at 9.50am and Harleston at 10am. **Keith Proctor**



The Chestnut Horse

In response to Adam Brown's question in last month's newsletter: what we really need here is an honest village pub and preferably a freehouse. I for one am fed up with the constant changes and especially the current situation of no pub at all. Please can we go back to the village pub being for the villagers and not a training building for Greene King? A village pub should provide a warm friendly meeting place for both locals and those passing through the area with real food and real ale, music, darts, morris dancers, hog roasts, take away fish and chips, and dogs allowed in for a pint on Friday nights - and that is just for starters! Anyone with me on this?

Barbara Ann Williams

There is a web page that has been set up to keep people informed about what is happening at the pub: <u>http://www.greedeking.co.uk</u>

Adam Brown

Annual Race Of The Boggmen

Given that the Boggmen Race Day, since the beginning of time, has centred around the pub people have been asking what will happen in the event that the Chestnut Horse is still closed on Easter Monday. The committee has decided the event will go ahead and posters in the village will confirm the details. Activities for children and adults. Please do support our efforts to keep this important bit of silliness alive!

David Cox (Tel: 736323)

Ladies' Lunch Tuesday 6 April

Church Room, Onehouse: 12.15pm

Speaker:

Revd. Richard Stretch on 'Chaplaincy in the Workplace' Please book places with Arlene by 1 April (Tel. 676123).





"Friendly, reliable service from professional craftsmen"

Great Finborough Naturists' Club

The Naturists' Club held its first AGM in a rather chilly Pettiward Hall on Monday 8 March, when members were almost as sparse as the clothes. Our ranks were, however, swelled by one lady who had misread the flyer for the AGM and thought she was coming to a meeting of the Great Finborough Naturalists' Club. Her initial surprise was soon overcome when she sportingly made up a foursome on the badminton court.

The evening was so chilly that entertainment was provided by a 'count the goose pimples' competition, which replaced the trampolining on account of an adverse risk assessment and a failure to achieve full insurance cover - only the barest minimum being available.

The evening's dinner was stew which was well received with several members travelling miles to sample Mrs Tibley's dumplings. After supper, members stretched out under the Hall heaters and topped up their tans in preparation for the annual Spring outing, which will take place just before noon on Thursday 1 April. All welcome, no thongs allowed.

Ima Newdy, Honorary Secretary

Buxhall Quiz

Another enjoyable quiz night was held on 6 March 2010. Eleven tables fielded excellent questions supplied by Mark, with Keith as quizmaster. The table round, all about flags and countries, decided the winners. Thanks to all the players, those who donated draw prizes and together we raised £282 for the Village Hall's funds. Next quiz 16 October 2010.

Mim Proctor

LAND ARMY DESIGNS

Garden design and build Call Jane Hamblin 01359 231344 jane@landarmydesigns.co.uk For an instant garden try "Bed in a Box" www.bedinabox.net







Dennis Green

CARPETS AND FLOORING

(01449) 774770 Dennis: 07879485215 Andrew:07502121938

Supplier of a Wide range of Carpets Vinyl Tiles Laminate and Wood Flooring

NICF Master fitter- Eastern England overall flooring champion and carpet fitter of the year finalist

'For Personal service and all year competitive pricing why not give Dennis and Andrew the opportunity to quote for your flooring needs'

> 'Home choose~We will bring our shop to you' Ring for an appointment

Unit6b The Barn Glebe Farm Onehouse Stowmarket Suffolk IP 14 3HL

Stowmarket and District Camera Club

On 22 February we had an evening with Roy Fidler who gave us a talk on how he goes about putting an audio-visual show together from the idea to choosing the music and the pictures and how to adjust the duration of the slides and music. Then on 8 March we had an evening with Andy Hanson who showed us his images from his travels to various countries and his national and international competitions. In April we have three competitions: 5, 12 and 26 April 2010. If you are interested in coming to the club contact our website at www.stowmarketanddistrictcameraclub.co.uk Brian Payne





Great Finborough & District Garden Club

The weather last month stayed resolutely wintry leaving most gardeners wondering if Spring would ever return. However, as I write this, the temperatures are slowly on the rise, the daffodils are lengthening their stems, and I even found a flowering primrose in the garden the other day.

The March meeting was a talk with slides, taken in his own garden, by Rod Leeds on the subject of Bulbs. He showed us how these most resilient of plants can provide all shades of colour in the garden all the year round with minimal fuss and bother. He illustrated how different members of the same family of bulbs will provide flowers all the year round. We now have no excuse to confuse crocus with colchicum!

The next meeting will be held in the Pettiward Hall on Thursday 8 April at 7.30pm when Ken Akers will be giving a talk on 'Bog and Water gardens'.

If you are interested in joining the Garden Club or would like to join us for any event you will be very welcome. Membership is only $\pounds 10$ per household per year. For further information contact me or John Davey at john@abbeyclassics.co.uk - see Who's Who. **Judith Cameron**

FHOBS Lunch Club

FHOBS is a thriving Lunch Club with about 40 members who enjoy a meal and some valued comradeship. This takes place on the last Tuesday of each month: 12 noon for 12.30pm in Buxhall Village Hall. A small charge of \pounds 3.50 is made to cover expenses. We would be delighted to welcome new members. Please contact me on 737814. **Jill**



Dear Editor

Thank you for publishing the piece about my family in the February edition. Seven of the family made the "pilgrimage" to Great Finborough and Onehouse on Sunday 7 March to celebrate the 100th anniversary of my mother's birth: Daisy Hawes (nee Pollard). My wife Sonia, our daughter Shula (celebrating her 23rd birthday on the same day), my brother Malcolm, my sister-in-law Sandra, my niece Gerrie and her daughter who is 18 months old joined me at the 11am Holy Communion service at St. Andrew's Church. Afterwards Lesley Cass showed us a copy of my grandparents' marriage certificate and then we enjoyed a marvellous vegetarian meal at your recommendation at The Red Lion at Great Bricett

After lunch we drove to Wash Lane to view the outside of my grandparents' old house at No1 and had a chat with the current owner. We met up with my 2nd cousin, Ivan Stiff, for the first time in over 30 years, having tracked him down on *Facebook* before our visit. He used to farm Star House Farm after his father Tom retired. He now lives in Cambridgeshire. We had a walk and ended up at the *Shepherd and Dog*.

When we got home there was an answerphone message from someone who had seen the newsletter piece. He said that his brother had been a friend of my uncle who was killed in the war who would now be in his 80s. The gentleman said he now lives in Shelland but sadly he did not leave a telephone number and I accidentally deleted the message losing his name too! I am very keen to make contact – if anyone can help.

Mick Hawes mickhawes@btinternet.com (Tel: 01327 261059)



Buxhall Women's Institute

With our President swanning off to the Caribbean and our Vice President to Cyprus, it fell to Jill Reed and Pat Turner to hold the respective forts of President and Minute Secretary, and this they did very ably. Pat read Jill's minutes from the previous meeting and a brief discussion followed concerning the speaker.

Libby then read out the range of outings she is organising starting with The Full Monty on 14 April, a wine tasting at Chelmsford, horse racing at Newmarket, an afternoon visit to Southwold with a show in the evening, and a trip to Thursford. Hopefully something for everyone. Glynis confirmed we have over 60 members and reiterated that visitors are allowed three visits per annum to see if they would like to join.

The speaker, Julie Hodges, demonstrated how to make an Easter card and passed material out to the members who decided to have a go. The rest of us had a lovely chat and caught up with news of each other whilst partaking of an excellent buffet. Two of our longest serving members were unable to attend through ill health. We missed their input and company so we wish Mrs Evelyn Fisher and Mrs Audrey Tomlinson a speedy return to better health.

We had a day trip on 2 March to the East Suffolk AGM at Trinity Park. This is where we mix business with pleasure. Once the business had been covered we were able to enjoy the various speakers including the farmer Adam Henson from the BBC programme Countryfile. One point he made is for us to look for the Union Jack behind the red tractor logo on packaging. With that identification we can be sure we are buying British and not something reared elsewhere under less stringent conditions with a final process added in the UK. His sincerity and obvious love of his work made you feel inspired to support our farmers all we can with our purchasing power when shopping.

Next meeting 21 April - because she was so good we have invited Deborah Preston back. Her subject, *More tales from the housemaid's cupboard*. Doors open 7pm for 7.30pm start. Visitors welcome.

Anne Hicks

Friends or family coming to stay? Need some extra space for a week? This could be the answer you are looking for.

Jackbridge Cottage is a brand new cottage available for rent, situated on the outskirts of Great Finborough in an idyllic rural location with beautiful views. Ideal for a couple, this charming cottage is well equipped, comfortably furnished and has a four star rating from the Quality in Tourism Board.

For further details or to book the cottage please contact Teresa Pemberton.

Farm Assured Beef

Grass fed hand reared beef available on your doorstep. All our cattle at Jackbridge Farm are grazed through the summer months on local pastures that are free from artificial fertilisers and sprays.

In the winter months they are fed on home produced silage and cereals. All our beef is hung to mature, to enhance its flavour, and is then traditionally butchered into convenient cuts.

The beef comes freshly frozen in a variety of pack sizes and with a variety of different cuts, such as joints, casserole beef, mince and burgers.

To place an order for beef or to find out about the holiday cottage please contact

Teresa Pemberton At Jackbridge Farm, Jacks Lane, Great Finborough, Tel: 01449 672177 e-mail: pembertons@jackbridgefarm.plus.com

THE SOUTH SUFFOLK SHOW

Ampton Racecourse, Ingham, Near Bury St. Edmunds Follow the signs off the A134

SUNDAY 9 MAY 2010

A Traditional Agricultural Show with

Cattle, Sheep, Pigs and Horses, Countryside Area, Craft Marquee, Food Hall, Trade Stands of all types, a Funfair and much more.

Featuring

The Royal Artillery Motorcycle Display Team - "The Flying Gunners" "Stallions of Substance" West Suffolk & Eastern Counties Motor Club Classic Car Display & Rally Hawk Experience Falconry Demonstrations Suffolk Gundog Displays & Terrier Racing

A Great Day Out For All The Family

Admission: Adults £8, Children U15 & Senior Citizens £5, Family Ticket £25 (See website for advance discounted ticket bookings form) FREE CAR PARKING For Further Information Tel: 01638 750879

or view www.southsuffolkshow.co.uk

Church Window Under Repair

If you have been into St Andrew's church recently you will have noticed that the glass from the north window has been removed. Its' repair is now well under way. On 15 March four of us were able to go to the glaziers near Long Stratton to see work in progress and to take photographs (to be shared in due course). The workshop was immaculate and organised. The skills, tools and methods have hardly changed in hundreds of years. 'Our' window was laid out on a bench, with horseshoe nails temporarily holding the little diamonds of glass in position while the lead strips were laid out. As much of the old glass as possible is being reused. When the panel is completed, a compound similar to putty but containing lead is rubbed along all the lead on the reverse of the panel to form a weatherproof seal. The work then stands for a few days to mature and harden, and the panel is quite rigid.

While at the glaziers we saw other restoration work in progress: window panels from Ely cathedral and other churches, some incredibly detailed Victorian glass and much older pieces, most of which we would never normally be close enough to see or touch. We were shown glass which is specified for Guildford cathedral (windows only 50 years old and needing restoration already) which costs an incredible £290 for a piece approximately 50cm square.

Many of the old windows after restoration are now put back in place with a copy in plain glass behind them, in a special framework similar to double glazing, so that they are protected from the weather. Carefully tucked away in a corner was a little cardboard box containing twisted lead and shards of glass – a window which the glaziers have to rebuild – and they have no picture to go by.

There is still time for anyone to make a donation to our window - with or without a dedication. Forms are available in the church or from Paul Nettleton, 7 Middlefield Drive (Tel: 677223) or me (see Who's Who). We will be creating a book of names and dedications, illustrated with some photos, and this will be held as a permanent part of our church records.

Lesley Cass

MOBILE HAIRDRESSING

Cuts, Blow Dry's, Perms, Colours And Highlights

For an appointment call Julie 07832 227 117 or 01449 616 708



F. G. BROWN – OPTICIANS **Denmark House**, 41 Bury Street, Stowmarket. Tel: 01449 612812/674030

As independent opticians we offer a more personalised eyecare service that you can trust for all the family

Professional Eyecare – Quality Products – Personal Service

Opening hours:-Tuesday-Friday 9.00 am – 5.30 pm Saturday9.00 am - 5.15 pm

Your sight care is our priority

News from the Friends of Great Finborough Primary School Disco Night!

The Friends of Great Finborough Primary School invite you along to our 80's disco night on Saturday 24 April 7.30pm to midnight at the Stowmarket Rugby Club. 80's dress is encouraged, as there will be a prize awarded to the best outfit. Tickets in advance cost £6 each or two for £10. £7 on the door. To get you in the mood, an 80's paper guiz is available from Julie Francis (736185). The winner will be announced at the event. To purchase tickets please place exact money in an envelope with your contact details in the "Friends" box at the school or at the village shop and Post Office. Cheques to be made payable to 'The Friends of Great Finborough Primary School'. For general ticket enguiries contact Rachel Warner 07540 626984 or e-mail Lisa Gilson

rachel@touchline-group.co.uk

Maundy Thursday In the Church **Room.** Onehouse Agape Meal with **Holy Communion** Please let Gloria (676198), Carole (736025) or Arlene (676123) know if you are coming by Tuesday 30 March Donations only to pay for the food

Sauirrel Gardens The garden club is up and running again. The children have been busy tidying up the garden and sowing beans, peas and tomatoes. We still have some seeds for sale at discounted prices to raise money for the garden for next year, if you would like to purchase any vegetable or flower seeds please feel free to contact one of us. We are still looking for any donations of kneelers for the children. If you have one that needs a good home that you wish to donate to the club please feel free to either leave with the primary school or contact

Lesley Cass (675970) Julie Francis (736185) or me on 678480.

Sharla Goldsmith

Charity Bingo

This month's bingo will be on Thursday 15 April at 6.30pm in Pettiward Hall. Money raised will go towards Team Finborough youth group. There will be Bingo, raffle and refreshments. All welcome. Children to be accompanied by an adult. Please come along and join in the fun. If anyone has any unwanted raffle prizes they wish to donate, please feel free to bring along on the night or contact either Mari (770032) or me.

Sharla Goldsmith

Skylarks Children's Club

At the session on 11 March, Anthony from 'Soap' helped the children make 'Bath Bombs' to give to their Mums for Mothering Sunday. They also made coloured tags to accompany the presents. Many thanks to Anthony for a very enjoyable Skylarks session. Any child aged between 5 and 9 years living in Onehouse, Harleston, Shelland, Great Finborough or Buxhall who would like to join Skylarks, please contact me on 613328 or Christine Hagger (736487). The next Skylarks session is on 22 April. **Carole Hearn**

Onehouse Ramblers

The next walk will be on 25 April. Meet at Church Room Park at 3pm for a walk taking 60-90 minutes. If you need a lift please call me on 613328. We look forward to some good walks over the coming months, as the afternoons get longer & we enjoy some pleasant spring sunshine.

Singing for Pleasure

I am very sorry to have to cancel *Singing for Pleasure* in future, as I have been having running out of steam lately. I just need to concentrate on passing my personal MOT, rather like my old car! My apologies and thanks to all those with whom I have such fun over the last year.

Kathleen Butt

Derek Ames

Sign Up For Midnight Walk Women are invited to sign up for St Elizabeth Hospice's Midnight Walk

2010. Women of all ages and abilities can take part in the eight mile circular walk, which leaves Ipswich Town Football Club in Portman Road around midnight. Register online now at <u>www.midnightwalkipswich.co.uk</u> Men have a part to play too and can volunteer to help out on the night. For more information about Midnight Walk 2010 call 01473 707043 or email <u>midnightwalk@stelizabethhospice.org.uk</u> **Sarah Cawley** In Aid of St Augustine's Church, Harleston The Bumpstead Boys present



The Community Centre **ONEHOUSE** Wednesday 21st April 2010

7.00pm for 7.30pm. Tickets £5.50 including Tea & Biscuits from Katie Ellis on 01449 736430 or Michael Robinson on 01449 736331

Good Friday 'Family Workshop'

10.30am 2 April at St Andrew's Church Come along and join in this popular annual workshop A chance to learn more about the Easter story

Something to make

Something to do Something to listen to

Activities from 10.30 to 11.30am Refreshments including Hot Cross Buns and Easter biscuits For further information contact Trudy (674819)





Suffolk Community Healthcare

School nursing service

Pupils throughout Suffolk are to get better access to the school nursing service following a substantial investment which has seen 28 extra staff recruited across the county.

44 staff will cover 33 mainstream schools and seven special schools. NHS Suffolk has invested an additional £705,000 into the service.

A range of services will be offered including regular drop-in sessions for young people in middle and high schools and similar sessions for the parents of primary school children. The team will also work with colleagues in education and other agencies to provide personal health and social education (PHSE) and sex and relationship education (SRE). In addition, children and young people will also be able to access support and advice on a variety of other issues, such as healthy eating, stopping smoking, relationships, bullying, drugs and alcohol.

The nurses will be available to discuss any issues which may be worrying the young people. If they are unable to offer appropriate support themselves, they will be able to signpost them to other agencies who will be able to help.

In addition to nursing services for older pupils, the team also employs 10.9 full time equivalent child health advisors, who are qualified to work with younger children within primary schools. They are also responsible for carrying out the national child measurement programme, which helps keep parents informed as to whether their child is a healthy weight.

Elaine Aylott Children's Commissioning & Development Manager, NHS Suffolk



Combs House, Stowmarket Business Park, Needham Road, Stowmarket IP14 2AH

Tel. 01449 676966

- We have everything in house to keep your pets healthy & happy
- Including X-ray equipment
- Full modern dentistry suite
- Separate dog, cat & isolation kennels
- Full blood analysis facilities
- We also run Puppy Clinics, Weight Clinics & Old Dog & Cat Health Clinics

If there's anything you'd like to ask us, give us a call, or better still, arrange to come and see us & one of the team will show you round

Large FREE car park

Surgeries throughout the day by appointment Plus a 24 hour EMERGENCY SERVICE



Walk the Walk

Mark and Lisa Gilson will be joining 15,000 men and women to walk 26.2 miles through the night on 15 May to raise money and awareness for breast cancer. Last year the playtex Moonwalk raised in excess of £5.6 million. With 1 in 9 women in the UK expected to experience some form of breast cancer, the funds raised from these events mean that diagnosis is made earlier, treatment is better and above all lives are saved. We would be very grateful for anyone wishing to show their support by sponsoring us to complete this amazing challenge.

Either bring your sponsorship along to us at The Mill House Cattery, Valley Lane or sponsor safely and securely online by visiting <u>www.walkthewalk.org/Lisa_Gilson_MW</u> Many Thanks.

Mark and Lisa Gilson



WHY NOT RENT OUR 6/8 BERTH CARAVAN AT HEMSBY?

Our family holiday home is on a quiet site with shop, penny arcade and laundrette. It is a short walk to the sandy beach, funfair, gift shops, swimming pool and restaurants. There are some lovely walks and Hemsby is only a few miles from Great Yarmouth and the Norfolk broads where you can have a great day out and even hire a boat for the day. There are so many places to visit in and the For area. information please phone 01449 771267 or email me

PUTTING SAFETY FIRST



CIEH Level 2 Award in Health and Safety in the Workplace

Designed to ensure that all employees are aware of their own safety and the safety of customers, contractors and the public. This qualification can be tailored to business and individual needs to make the learning experience relevant and fit for purpose.

Who needs this qualification?

Anyone in a work environment.

Why is this training important?

Employers are responsible for providing safe and healthy workplace conditions as well as the right systems and methods for safe activities. Nevertheless employees also have a vital part to play in the equation. They need the right knowledge and the right attitude which demands proper training in the basics of health and safety, as well as specific training for individual tasks.

A full Syllabus of the course is available on request Further CIEH Courses Available

1/2 Day Principles of Manual Handling 1 Day Manual Handling Principles and Practice 3 Day Level 3 Supervising Health and Safety in the Workplace

Courses Held on or off Premises. For further details and Prices please contact lain or Liz. Fascadale, High Road, Great Finborough, IP14 3AQ Tel/Fax: 01449 613699 Mob: 07967 566180/07714 225380

Need a weight disposal expert? Try the Cambridge Diet®

- Balanced nutrition
- One-to-one support
- Flexible programmes
- · Wide range of flavours
- Includes stabilisation and Maintenance

Call Val Lord on 01449 737113



THORPE PLUMMER – ACCOUNTANTS

A small established firm offering a personal, professional service. All aspects of accountancy and taxation covered in the most cost effective way. Advice given on tax and business management for both individuals and companies with a view to maximising income and reducing the tax burden. Contact: 01284 750938 (tel/fax)

thorpeplummer@aol.com





I can teach you!

Phone Andrea on 01449 736955



St Andrew's Church

A glimmer of Spring in the air as I write this, and the merest hint of yellow in the daffodils. By the time you read this Spring will really have arrived. The lighter mornings have encouraged a chorus of blackbirds and a song thrush over the past few weeks. Spring was in evidence in mid-March when the church was full as we celebrated Mothering Sunday. The children were delighted with the posies for their mums and all the ladies present went home with flowers mothers and others.

Earlier in the month those who came along to the Big Brew in the churchyard were greeted by the smell of bacon. The sarnies were much appreciated. A number of people have kindly adopted plots in the churchyard that they will maintain. There are still plots available if you feel you would like to help. Note the details of the Easter services. A warm welcome awaits you.

Annual Parochial Church Meeting

The Annual Church Meeting takes place in the Primary School on Thursday 29 April at 7.30pm. This is a public meeting, open to anyone to attend, when a report of the church's year is presented. At this meeting we appoint the Churchwardens. If you would like to come along you will be very welcome - and of course refreshments will be provided.

Trudy Gray

Reduce your accountancy costs

Call Sarah Place Accountants

Professional, efficient accountants With over 15 years experience. Accounts, bookkeeping, payroll, sage, VAT and Tax returns 01284 747139

From the Ministry Team

Dear Friends,

Recently looking over the benefice events since the start of 2010 it was obvious how much the religious and the secular communities had in common, celebrating the same events, but perhaps with different focus.

- Early in February the clergy held a Marriage Preparation Day when the couples to be married in our benefice churches met informally to discuss, not only arrangements for their important day, but also the constituents, other than love, that make a marriage – sharing, conflict and its resolution, and so on.
- St. Valentine's Day on 14 February is a chance to show our love by giving cards and gifts. So at Onehouse we celebrated with a special service that included several recently married couples. We ended up sharing wine and cake.
- Exactly four weeks later all the benefice churches held services for Mothering Sunday, the day when traditionally people went to their 'mother' or parish church, to show thanksgiving for mothers or as we now, in the 21st century, give thanks for those who have a mothering role in our lives. But here the love expressed is somewhat different from that already mentioned. It is usually an all consuming desire to do whatever is necessary to protect, nourish and love a woman's own flesh and blood - a love that also reaches across families.
- And then throughout Lent there have been lunches across the benefice with the proceeds given to charity. Charity, a word we hear constantly, is simply showing love to fellow humans who walk life's path with us whether in our own country or far away. We have certainly been galvanised into action by the recent natural disasters in Haiti and Chile and reminded of the terrible famine in Ethiopia 25 years ago that unfortunately continues across Africa to this day.
- The church services this month include Agape meal and Holy Communion. 'Agape' mean 'love of the Lord'. This event is a 'love feast'. Early Christians celebrated this alongside the Eucharist or Holy Communion. Having been revived in the 18th century it takes place on the eve of Maundy Thursday and re-enacts the meal that

Jesus ate with his disciples before instituting the first Holy Communion or Lord's Supper.

Four different kinds of love; four different ways to celebrate it.

At Easter, after the horrors of Good Friday, the sadness of Holy Saturday and the joy of the Resurrection on Easter Day, Christians are overwhelmed by the love of Jesus who laid down his life so that our sins could be forgiven. Easter is not really about fluffy bunnies, chickens and chocolate Easter eggs. Yes, they do signify new life, but Easter is about a love so strong that it saves us from ourselves. May you have many blessings and much love this Eastertime. **Arlene Cruickshanks**

FROM THE REGISTERS

Burial at St Augustine Harleston 23rd February John Cyril Beckett aged 71



Funeral at Ipswich Crematorium (West) 3rd March Joyce Keeble aged 81

Services at St Andrew's in April

4 April	5.30am	Lighting of the Easter Fire and Dawn Eucharist
	11am	Holy Communion
11 April	6pm	Celtic Evening Prayer
18 April	11am	Holy Communion and Baptism
25 April	11am	Family Service

Pop in For Coffee at St Andrew's Every Saturday Morning from 10.30am to Noon



This is an informal opportunity to have coffee and a

chat - perhaps when you're passing on a stroll around the village or visiting the churchyard.



Good Friday 'Family Workshop'

10.30am 2 April at St Andrew's Church Come along and join in this popular annual workshop A chance to learn more about the Easter story. Something to make, something to do, something to listen to Activities from 10.30 to 11.30am Refreshments including Hot Cross Buns and Easter biscuits.

If you would like more information give Trudy or Lesley a ring Do come along – all welcome

Decorating St Andrew's Church for Easter



All will be welcome to give a hand in decorating the church ready for the Easter celebrations. Decorating will be done on Saturday 3 April.

Coffee and cake will be served. All levels of skill welcome! Do come along.

TRM Web Design

website design - website hosting – database integrated sites search engine optimisation – virtual reality panoramas online video – multimedia cd-rom production flash/shockwave media www.todd.co.uk 01473 89099 / 07876 024214 trm@todd.co.uk

CHURCH SERVICES IN THE BENEFICE FOR APRIL

Weekday Morning Prayer Monday Friday

Onehouse Great Finborough 8.00 - 8.30 am 8.00 - 8.30 am

Thursday1 AprilAgape/meal and Holy Communion

Friday 2 April Walk of Witness Good Friday Workshop Last Hour

Saturday 3 April New Fire of Easter Tenebrae

Sunday4 AprilDawn EucharistSung EucharistHoly CommunionHoly CommunionHoly CommunionHoly CommunionHoly Communion

Sunday 11 April Matins Holy Communion Holy Communion Family Service Celtic Evening Service

Sunday18 AprilFamily ServiceMatinsHoly Communion and BaptismFamily Communion

Maundy Thursday Onehouse Church Room	7.30 pm
Good Friday Onehouse Church Room Finborough Harleston	10.30am 10.30am 2.00pm
Easter Eve Buxhall Shelland	4.00pm 7.30pm
Easter Day Finborough Buxhall Sholland	5.30am 9.30am 9.30am

Shelland	9.30am
Finborough	11.00am
Onehouse Church	11.00am
Harleston	11.00am

Second Sunday of Easter	
Buxhall	9.30am
Shelland	9.30am
Harleston	9.30am
Onehouse Church Room	11.00am
Finborough	6.00pm

Third Sunday of Easter	
Buxhall	9.30am
Shelland	9.30am
Finborough	11.00am
Onehouse Church	11.00am

Sunday	25 April	Fourth Sunday of Easter	
Holy Communion	•	Buxhall	9.30am
Matins		Harleston	9.30am
Time2Worship		Finborough	11.00am
Holy Communion		Onehouse Church	11.00am
-			

Whether you are a regular worshipper or visiting this Sunday you will find a warm welcome at any of our services



A special service to celebrate the New Light of Christ at Easter, Greeting the dawn on Easter morning 11am Holy Communion A celebration for all – especially those who find 5.30am a bit too early!

Suffolk Foot Health

Jane Robinson MCFHP MAFHP Registered Foot Health Practitioner Professional domiciliary foot health treatments for patients of all ages in Suffolk: Calluses...Corns...Verrucas...Ingrowing Nails...Fungal Infections...Athlete's Foot...Nail Trimming...Diabetic Foot Care To arrange a consultation in the comfort of your own home please contact me by telephone or email Tel: 01449 615008 | Mobile: 07916 143618 | Email: jane@suffolkfoothealth.com | www.suffolkfoothealth.com

WHO'S WHO IN GREAT FINBOROUGH

Chair, Parish Council/Community Council Clerk, Parish Council	Richard Brice Giles Hill	676249 740272	
	lsdp@t	otinternet.com	
District Councillor	John Matthissen		
3 Wash Lane Corner, Great Finborough, IP1	4 3BJ councillor@m	natthissen.net	
County Councillor	Penny Otton	737870	
penny.	otton@councillors.su	ffolkcc.gov.uk	
Newsletter Editor	Sally Gooch	677940	
	sally.gooch@b	otinternet.com	
Ordained Local Minister	Revd. Trudy Gray	674819	
Church Warden	Lesley Cass	675970	
Church Warden	Brenda Grimaldi	612440	
Great Finborough & Buxhall Under 5s	Delia Prior	07708	
		362697	
Great Finborough & Buxhall Brownies	Gail Jarrett	674538	
Chair, Team Finborough (Youth Club)	Joe Ball		
		hotmail.co.uk	
Charity Bingo	Sharla Goldsmith		
Candlestick Club	Keith Proctor	736598	
Great Finborough & District Garden Club	Judith Cameron	672978	
	ianandjudy@t		
Royal British Legion	Charles Freeman	01728	
		684819	
Neighbourhood Watch Co-ordinator	John Davey	674401	
Post Office & Village Shop	Nigel & Jeannette	612274	
	Edwards		
Head, Great Finborough Primary School	Stephen Dodd	613208	
	er@greatfinborough.		
Chair of Governors, Primary School	Nigel Brown	675344	
Police	PCSO Claire Cox		
	4100 x3104 or via 01		
Combs Middle School (674666)	Stowmarket High Sch		
Stowmarket Health Centre		776000 678333	
Combs Ford Surgery			
Stowmarket Library Pettiward Hall Bookings		613143 676249	
Village website: www.great-finborough.co.uk			
Primary School website: www.greatfinborough.suffolk.sch.uk			
Filinary School website. www.greatinborough.Sunoik.sch.uk			